



# Sexual Violence: background, context and terms

NAPIESV

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## NAPIESV Curriculum draft 2

### Sexual Violence: background, context and terms

TIME	TOPIC	NOTE
9:00 – 9:30 am	<b>Welcome, Overview, Introductions</b> <ul style="list-style-type: none"> <li>About NAPIESV</li> <li>NAPIESV listening sessions report</li> <li>Curriculum creation and flow of topics</li> </ul>	
9:30 – 9:40 am	<b>Body work – Tools for Well-Being</b>	
9:40 – 10:00 am	<b>Introduction of participants</b> <ul style="list-style-type: none"> <li>general question of what they want to learn</li> </ul>	
10:00 – 10:30 am	<b>Disclosure, Boundaries and Agreements</b> <ul style="list-style-type: none"> <li>Discussion and participatory</li> </ul>	
10:30 – 11:00 am	<b>Context: Collective</b> <ul style="list-style-type: none"> <li>Asian Pacific Islanders: who are we?</li> <li>Our history : short overview</li> <li>Group discussion and sharing</li> </ul>	
11:00 – 11:15	<b>Break</b>	
11:15 – 11:45 am	<b>Sexual Violence</b> <ul style="list-style-type: none"> <li>What is Sexual Violence</li> <li>SV in API Communities : issues and resources available</li> </ul>	•
11:45 am – 12:15 am	<b>Trauma</b> <ul style="list-style-type: none"> <li>What is trauma?</li> <li>Neurobiology of trauma</li> <li>Common reaction to trauma</li> </ul>	
12:15 – 12:45	<b>Oppression</b> <ul style="list-style-type: none"> <li>What is oppression?</li> <li>What is privilege</li> </ul>	
12:45 – 2:00	<b>Lunch</b>	
2:00 – 2:15	<b>Body work – Tools for Well-Being</b>	
2:15 – 3:00 pm	<b>Identities</b> <ul style="list-style-type: none"> <li>Complex identities</li> <li>Prescribed identities</li> </ul>	
3:00 – 3:30 pm	<b>Historical trauma</b> <ul style="list-style-type: none"> <li>What is historical trauma?</li> <li>Impact of historical trauma and generational trauma in individual and community</li> </ul>	
3:30 – 3:45	<b>Break</b>	

3:45 – 4:30 pm	<b>Healing:</b> <ul style="list-style-type: none"><li>• Collective work</li><li>• Individual and Collective healing</li></ul>	
4:30- 5:00	<b>Q &amp; A , close</b>	

## SEXUAL VIOLENCE: Background, context and terms NAPIESV

### Goals:

1. To learn about the Collective Context: history, oppression, trauma and healing
2. To learn about Sexual Violence in API communities: issues and solutions

### CONTEXT:

1. Discuss the collective context
  - API in general
  - Collective issues must be addressed collectively – not individually
2. Asian Pacific Islanders: who are we?
  - Show map of Asia and Pacific Islands
  - Ask participants their home country and/or where their ancestors came from and put marks on the map
  - Short overview of war/colonialization and migration history
  - Rape as a weapon of war
  - Groups discussion: share with participants in your group about your individual and community history - add to the map

### SEXUAL VIOLENCE:

1. What is sexual violence?
  - Naming the issue
2. Sexual Violence in API communities
  - Issues and resources available
  - Exercise: draw circles of home, neighborhood and community. Put a mark where violence happens. Put a mark where Sexual violence happens.

### TRAUMA:

1. What is trauma?
2. Neurobiology of trauma
3. Common reaction to trauma

### OPPRESSION and PRIVILEGE:

1. What is oppression?
  - Intersection of oppression
2. What is privilege?
  - Group discussion: which groups have historically and traditionally fallen into privilege group? And which fallen into oppressed groups?

### IDENTITIES:

1. Context of complex identities
  - Intersectionalities
  - Multiple identities
  - Exercise: work individually and share what you feel safe about yourself : race, class, gender identity, sexual orientation, age, (Dis)ability , nationality, religion, immigration status etc. Exercise: using play dough, choose a color to represent an identity, mix all colors you chose: this represent YOU with a complex identities

## 2. Compartmentalization of identities

- Are you this or that?
- What if you don't fit into "prescribed identities"?

## HISTORICAL TRAUMA

1. What is historical trauma?
2. Impact of historical trauma and generational trauma in individual and community

## SOLUTION: Collective Healing

1. Work collectively
  - Community organizing as a strategy
  - Remembering who we are: use tools we have but often forget, let go things that are not useful anymore. Envision a new way!
2. Healing
  - Transformative Justice
  - Individual and community healing