

# 9 SAFE SPACE

## characteristics in the context of anti-sexual violence



### 01. Confidentiality

Confidentiality creates an environment of trust and allows individuals to share their experiences without fear of their stories being disclosed without their explicit consent.

Physical safety involves creating a secure and private environment that safeguards individuals from harm, promotes a sense of security, and facilitates focus on healing.

### 02. Physical Safety



### 03. Emotional Support

Emotional support helps normalize reactions to trauma and foster emotional healing by offering a space where individuals feel heard, understood, and believed without judgment.

Trauma-informed care prioritizes safety, trust, choice, collaboration, and empowerment to avoid re-traumatization and promote healing.

### 04. Trauma Informed Care



### 05. Support Groups

Support groups allow for sharing stories, offering mutual support, and learning from one another in a non-judgmental environment. They can reduce isolation and foster a sense of community.

Practical resources and information can include details about legal aid, medical services, mental health support, housing assistance, and other community resources.

### 06. Resources & Information



### 07. Inclusivity

A commitment to inclusivity means creating a space where all survivors of sexual violence can feel welcome, respected, and affirmed.

Eliminate barriers to access, including physical (ramps, elevators), communication (language services), and programmatic (flexible hours, childcare) obstacles.

### 08. Accessability



### 09. Healing

Provide a supportive environment and resources that enable individuals to process trauma, cope, and progress toward recovery at their own pace, recognizing healing as a unique, ongoing journey.



**NAPIESV**  
NATIONAL ORGANIZATION  
OF ASIANS & PACIFIC ISLANDERS  
ENDING SEXUAL VIOLENCE

Materials from NAPIESV 2023 Safe Spaces  
Report for Survivors of Sexual Violence in  
Asian & Pacific Islander (API) Communities

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